

GOODS & SERVICES:

Family Advocacy:

Care Answered

Contact: Nicole Christensen

Phone: (516) 584-2007

Email: Nicole@careanswered.com

www.careanswered.com

Financial:

First Bank

Contact: Rick Cashman,
Reverse Mortgage Specialist
926 Sunrise Hwy.

West Babylon, NY 11704

Phone: (516) 458-7320

Email: manwithcash@optonline.net

Forest Hills Financial Group

200 Broadhollow Road, Suite 405
Melville, NY 11747

Phone: (631) 870-6819

Email: brian_buglino@fhfg.com

www.fhfg.com

Karp Loshak Long Term Care Insurance Solutions

70 Mimosa Drive

Roslyn, NY 11576

Phone: (516) 801-1419

www.karploshak.com

Merrill Lynch

Contact: Brian Hessel or John Holst
300 Broadhollow Road
Mellville, NY 11747
Phone: (631) 944-9661
Email: brianhessel@ml.com
john_holst@ml.com

New York Life Insurance Company

Contact: Jacqueline Strait
570 Expressway Drive South, Suite 1A
Medford, NY 11763
Phone: (631) 513-5981
Email: jastrait@ft.newyorklife.com

Geriatric Care Managers:

AMR Care Group

Anne Markowitz Recht, LMSW, CMC
500 N. Broadway, Suite 222
Jericho, NY 11753-2127
Phone: (516) 605-0434
Fax: (516) 605-0433
www.amrcaregroup.com

LIParentCare

Meghan Healy-Fitch, BA
(Certified in Geriatric Care Ministry)
Phone: (631) 987-8083
Fax: (631) 868-3091
Email: mfitch@liparentcare.com
www.liparentcare.com

Senior Placement Services

Contact: Virginia Belling, R.N., M.S.
1130 Broadway, Suite 230
North Massapequa, NY 11758
Phone: (516) 679-7400
Fax: (516) 679-7402

Caring Alternatives

Mary Di Sario, R.N.
147 Radcliff Drive West
East Norwich, NY 11732
Phone: (516) 922-5947
Email: caringalt@aol.com

Dreisin Eldercare, Inc.

Steven Dreisin, MPS, CMC
82 Main Street, Suite 300
Huntington, NY 117443
Phone: (631) 425-0700
Email: dreisin@hotmail.com
www.dreisineldercare.com

Pam Klagsbrun, MPS

Geriatric Care Consultant
62-35 Douglaston Parkway
Douglaston, NY 11362
Phone: (516) 606-9644
Email: pklagsbrun@gmail.com

Transitions Elder Care LLC

Marti Pagartanis & Kathy Pagartanis
100 N. Country Rd, Suite 1
Setauket, NY 11733
Phone: (631) 604-9550
www.transitions-ec.com

Home Modification Assistance:

Aging in Place Architecture, PLLC

Heather Brin, Architect
2 Inwood Road
Port Jefferson, NY 11777
Phone: (631) 509-5666
hbrin@aginginplacearchitect.com

Frangeli Consulting & Design

Frank Gucciardo, M.S., P.T., C.A.P.S., C.G.P.

1401 Lakeland Ave

Bohemia, NY 11716

Phone: (631) 486-4859

Toll Free: (866) 618-7685

Frank@Frangeli.com

www.Frangeli.com

Managed Long Term Care:

AgeWell New York

Contact: Poonam Singh

1991 Marcus Avenue, Suite M201

Lake Success, NY 11042-2057

Phone: (347) 906-0497

Fax: (855) 250-5949

PSingh@agewellnewyork.com

www.agewellnewyork.com

Aetna Better Health of New York

Contact: Maggie Gonzalez

55 West 125th Street, Suite 1300

New York, NY 10027

Phone: (516) 272-2428

CenterLight Healthcare

Contact: Liliana Vargas

555 Albany Avenue

Amityville, NY 11701

Phone: (646) 689-1247

Email: lvargas@centerlight.org

www.CenterLightHealthcare.org

Guildnet

Contact: Shannon Mallon
125 Baylis Road, Suite 140
Melville, NY 11747
Phone: (917) 386-9319
Email: mallons@jgb.org

Long Island Extended Care

Contact: Lisa M. Albano
21 Penn Plaza
New York, NY 10001
Phone: (855) 299-6492, ext. 3320
Email: lalbano@extendedhc.net

North Shore LIJ-Care Connect

Contact: Jane Chan
2200 Northern Blvd, Suite 104
East Hills, NY 11548
Phone: (516) 385-7966
www.nsljhealthplans.com

Long Island Extended Care

Contact: Lisa M. Albano
21 Penn Plaza
New York, NY 10001
Phone: (855) 299-6492. Ext 3320
Email: lalbano@extendedhc.net

Medicaid Services:

AMR Care Group

Contact: Anne Markowitz Recht, LMSW, CMC
500 N. Broadway, Suite 222
Jericho, NY 11753-2127
Phone: (516) 605-0434
Fax: (516) 605-0433
www.amrcaregroup.com

Connecting Hand II

Contact: Wendy Williams
3424 Westminster Road
Oceanside, NY 11572
Phone: (516) 678-8665
Email: connectinghand@aol.com
www.connectinghandltd.com

Guiding Light for Seniors

Help with Medicaid Services
Mary Ann Kuntz
182 Linden Street
Rockville Center, NY 11570
Phone: (516) 536-5760
maryannkuntz@aol.com

Lori Shibilo
30 Hook Lane
Levittown, NY 11756
Phone: (516) 731-4018
lshibilo@aol.com

In Good Hands

Contact: Michele Albohn, CMP & Alissa Laffer
P.O. Box 788
Smithtown, NY 11787
Phone: (631) 946-1918
Email: ingoodhandsmedicaid@gmail.com
www.ingoodhandsmedicaid.com

Senior Guidance

Contact: Kaitlyn Dassau
955 Main Street, Suite 5
Holbrook, NY 11741
Phone: (631) 981-1172
Email: srconsultant@aol.com



Medicare Services:

Senior Healthcare Specialist

Gracemarie Horan-Luce
PO Box 253
Port Jefferson Station, NY 11776
Phone: (631) 559-7500
Email: ghoran.lucehealthcare@gmail.com

Medical Alert:

LifeCaller Medical Alert Systems

Medical Alert Jewelry
Contact: Carol Siebner
Phone: (516) 639-5977
Phone: 1-855-225-2250
Email: Caroles@lifecaller.com

Nassau County Police Dept. REACH Program*

(The R.E.A.C.H. Program assists in the recovery of missing people who suffer from a cognitive disorder in Nassau County.)

Contact NCPD's Asset Forfeiture Unit to enroll your loved one.

Phone: (516) 573-5775

*For Residents of Nassau County only

Suffolk County Sheriff's Office

Project Life Saver Bureau
Contact: Bryan Stoothoff
100 Center Drive
Riverhead, NY 11901
Phone: (631) 664-7065

Suffolk County Police Department Silver Alert

Bernadette Zimmermann
Special Needs Coordinator
Suffolk County Police
30 Yaphank Ave.
Yaphank, NY 11980
Email: Bernadette.zimmermann@suffolkcountyny.gov

United Lifeline & United Home Services

Personal Emergency Response Services/Auto Alert Buttons, Medication Management, Cellular Units, Sensors, & Discounted Home Maintenance Services
Contact: Stephanie Pacchiano
Phone: 1-800-345-4571
Email: spacchiano@uam.org
www.unitedlifeline.com

Medical /Alzheimer's Supplies:

The Alzheimer's Store

Contact: Barbara/Bruce Barnet
1936 Hempstead Turnpike, Suite 252
East Meadow, NY 11554
Phone: 1-800-752-3238
www.alzstore.com

All American Medical Supply Corp.

5493 Merrick Road
Massapequa, NY 11758
Phone: (516) 216-1707
www.allamericanmedsupply.com

Amramp

350 Marconi Blvd.
Copiague, NY 11726
Phone: (631) 464-4600
www.amramp.com

C&C Homecare

125 Newtown Road, Suite 300
Plainview, NY 11803
Phone: 1-800-244-4660
Direct Phone: (516) 390-2848
Cell: (631) 445-1692
Fax: 1-866-511-0294
Email: joseph.mcgovern@candchomecare.com

Medline Industries, Inc.

Kristin Griffiths-Transition Care Manager
Cell Phone: (917) 521-9561
Email: KGriffiths@medline.com
Phone: 1-800-MEDLINE
www.medline.com

Harpell Pharmacies

Contact: Kyle Lewis
12-65 150th Street
Whitestone, NY 11357
and
33-08 Ditmars Blvd
Astoria, NY 11105

Phone: (718) 767-7868
Cell Phone: (914) 471-2345
Email: kyle@harpellrx.com
www.harpellrx.com

Precision Pharmacy

Contact: Jack Neubert
665 Middle Neck Rd.
Great Neck, NY 11023
Phone: (516) 984-8210
Email: jneubert@PrecisionLTC.com
www.PrecisionLTC.com

101 Mobility Long Island

John Micheilini-President
55 Central Ave Unit B
Farmingdale, NY 11735
Phone: (516) 500-3100
Email: jmichelini@101mobility.com
longisland.101mobility.com

LifeVac

149-09 183rd Street
Springfield Gardens, NY 11413
Phone: 877-LIFEVAC
www.lifevac.net

Lewin Medical Supply

Contact: Keith Lewin
Main Office: 165 Oliver Street
Riverhead, NY 11901
Phone: (631) 727-7006
Fax: (631) 727-7008

Branch Office: 3655 Route 112
Coram, NY 11727
Phone: (631) 716-4040
Fax: (631) 716-2169

NY Home Health Care

30 Hopper St.
Westbury, NY 11590
Phone: (516) 333-2473
www.nyhhc.com

Telivita

527 Townline Rd., Suite 202
Hauppauge, NY 11788
Phone: (631) 257-5509
www.telivita.com

Ultra Medical Supply

Contact: Michele Diskind
Cell Phone: (631) 637-6612
Phone: (631) 270-3610
Email: micheled@ultramedicalsupply.com
www.ultramedicalsupply.com

Moving/Housing Assistance:

A Better Choice Elder Care

Assists families with placement in the community
101 Eisenhower Parkway – Suite 100
Roseland, NJ 07068
Contact: Karen Fallon
Phone: 855-315-9700
Cell: 516-527-3960
Email: Kfallon@abceldercare.net
www.abceldercare.net

A Place for Mom

Free Eldercare Referral Service
Contact: Diane Pelella
Phone: (866) 333-9358
Email: Diana@aplaceformom.com

Care Patrol of Long Island

Free Service to Families
Contact: Sharon & Bruce Ritter (Certified Senior Advisors)
Phone: (516) 960-2733
Email: sritter@carepatrol.com
britter@carepatrol.com
www.carepatrol.com

Island Transitions

(Moving service that specializes in moving senior citizens)

Contact: Kathleen Mazza, President

248 Rte. 25A, Suite 87

East Setauket, NY 11733

Phone: (631) 421-3781

Cell: (631) 816-6886

Email: Kathleen@islandtransitions.us

www.islandtransitions.us

Memories on the Move

Certified Relocation and Transition Specialists

Contact: Diane Landau

Phone: (516) 357-9820

www.nyerts.com

SAMMS-Senior Adult Move Management Services

111 Great Neck Road, Suite 307

Great Neck, NY 11020

Contacts: Lynne Kleinman

Phone: (516) 773-3273

Email: samms100@gmail.com

Ellen Blank

Phone: (516) 319-5442

Email: samms400@gmail.com

www.samms100.com

Senior Assisted Living Placement

Contact: Geta MacArthur, Placement Specialist

Phone: (516) 353-9599

Email: gmacarthur@seniorassistedlivingplacement.com

www.seniorassistedlivingplacement.com

Senior Service Assistants, LLC

Contact: Judy Torre-Certified Move Manager

124 Locust Street

Floral Park, NY 11001

Phone: (516) 721-7537

Email: judyt.ssa@gmail.com

www.seniorserviceassistants.com

Moving/Home Sale Assistance:

Corinne Trubia, SRES

REMAX Alliance

791 Route 25A

Miller Place, NY 11764

Phone: (631) 209-1873

Cell: (631) 697-7795

Email: corinnetrubia@remax.net

www.corinnetrubia.remax-ny.com

Patricia LaRosa, CSRES

Century 21AA

1596 Straight Path

Lindenhurst, NY 11757

Phone: (631) 226-5995, Ext 281

Cell: (631) 786-1810

Email: PatL@Century21AA.com

Social Workers:

Dawn Friedland-Perez, LCSW

Psychotherapy for the elderly

12 Woodstork Drive

Mt. Sinai, NY 11766

Phone: (631) 331-2690

Helen Beegel, LCSW
Family and Caregiving Counseling
By Appointment/Medicare Provider
Phone: (516) 244-6291
Email: HFB160@optonline.net

Virginia Cash, LCSW
PO Box 265
Stony Brook, NY 11790
Phone: (631) 428-0902
Fax: (631) 751-0959
Vcash5msw@aol.com

Nina Dobris, LCSW
North Shore LIJ
88-11 165th St., Suite 900
Jamaica, NY 114332
Phone: (718) 925-6325
Cell: (516) 652-3964
ndobris@nshs.edu

Lynwana Johnson, LMSW
Legacy Ledger
734 Franklin Avenue #151
Garden City, NY 11530
Phone: (516) 481-0546
www.LegacyLedger.com
Lynwana@LegacyLedger.com

Joan G. Weinstein, LCSW-R
Social Work Counseling
496 Smithtown Bypass, Suite 304
Smithtown, NY 11787
Phone: (631) 974-4442
jgwspeed@aol.com

Brandi Carney, LCSW
Veterans Affairs/Caregiver Support Coordinator

Social Work Services
79 Middleville Road
Northport, NY 11768
Phone: (631) 261-4400, ext. 7684
Fax: (631) 266-6029
Email: brandi.carney@va.gov

Lucy W. Aptekar, LCSW-R
Evolve Physicians
3375 Park Avenue, Suite 3007
Wantagh, NY 11793
Phone: (516) 761-8827
Email: lwaptekar@optonline.net
www.evolvephysicians.com

Gina Aiello, LMSW
Caring From The Heart LLC
(Medicaid Specialist)
44 Hillview Avenue
Port Washington, NY 11050
Phone: (516) 944-0110
Email: gina@caringfromtheheart.net

Paula Pagan, LCSW-R
Long Island Elder Care
(Medicaid Specialist)
732 Smithtown Bypass, Suite A55
Smithtown, NY 11787
Phone: (631) 320-1070
Email: longislandeldercare@yahoo.com
www.lieldercare.com



Transportation:

Choice Medical Transport

Contact: Barry Goodman, Operation Manager
510 E. Suffolk Avenue
Islandia, NY 11749
Phone: (631) 342-8888
Fax: (631) 342-8870

Community Care-Medical Transport Aide

(Licensed-Medicaid)
300 West Main Street
Smithtown, NY 11787
Phone: (888) 614-559
www.communitycarehhs.com

TLC Transportation

500 Church Street
Bayport, NY 11705
Phone: (631) 467-1122
Fax: (631) 467-1110

There are a number of service and non-profit groups on Long Island, as well as town senior departments, who provide free or low-cost rides to local places. Most require a reservation up to two weeks in advance.

Nassau:

City of Glen Cove (516) 676-6182
City of Long Beach (516) 431-1000 ext. 326
Town of Oyster Bay (516) 797-7900
Town of Hempstead (516) 485-8100
Town of North Hempstead (516) 869-7715



Suffolk:

- Town of Babylon (631) 422-7618
- Town of Islip (631) 224-5686
- Town of Southampton (631) 728-1110
- Town of Brookhaven (631) 451-6126
- Town of Riverhead (631) 722-4444 ext. 290
- Town of Southold (631) 298-4460
- Town of Huntington (631) 427-8287
- Town of Smithtown (631) 265-8811

Able-Ride

Curb to curb transportation for anyone physically or mentally unable to use public transportation. Seniors fill out an application. Fee is \$3.50 each way. Personal care attendants ride free.

Phone: (516) 228-4000

<http://www.nicebus.com>

Suffolk County Accessible Transportation (SCAT)

Curb to curb transportation for anyone who is physically or mentally unable to use public transportation. Seniors must complete an application. In addition to the curb-to-curb service they always provide their riders, Suffolk County Accessible Transportation (SCAT) will also offer Origin to Destination service. This service will allow SCAT drivers to provide basic additional assistance to paratransit riders between curbside and building entrances. To receive such assistance, passengers must request it at the time they reserve their trip. Certain restrictions apply.

Phone: (631) 853-8337



Additional Resources:

County of Nassau Office for the Aging

60 Charles Lindbergh Boulevard
Uniondale, NY 11553
Phone: (516) 227-8900
www.nassaucountyny.gov

Suffolk County Office for the Aging

H. Lee Dennison Building
100 Veterans Memorial Highway
Hauppauge, NY 11788
Phone: (631) 853-8200

Riverhead County Center
County Road 51
Riverhead, NY 11901
Phone: (631) 852-1420
www.suffolkcountyny.gov

Project Independence*

(Assists senior residents to remain in their homes as they age)

Town of North Hempstead

Phone: (516) 869-6311

*For Residents of North Hempstead Town only

Please note: In addition to the Offices for the Aging in Nassau and Suffolk counties, both counties in conjunction with the State of New York offer **NY Connects**. **NY Connects** is a program that offers centralized access to long term care services.

Nassau County: www.nassaucountyny.gov/nyconnects
Suffolk County: Email: ny.connects@suffolkcountyny.gov