

**FOR IMMEDIATE RELEASE**

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## **Alzheimer's Disease Resource Center, Inc. Launches Caregiver Support Groups in West Babylon and Oceanside**

BAY SHORE, NY — [Alzheimer's Disease Resource Center, Inc.](#) (ADRC) is pleased to announce the launch of its new monthly support groups for caregivers of people with Alzheimer's disease and dementia. These two groups are intended to provide members with a support system to share feelings and common experiences. Meetings will be held in both West Babylon and Oceanside, New York.

The first meeting for the West Babylon group will take place the last Thursday of every month beginning July 30 at the East Neck Nursing and Rehabilitation Center, located at 134 Great East Neck Rd. Meetings for the Oceanside group are currently being held every Saturday morning from 9:00 a.m. to 11:00 a.m. at the Oceanside First United Methodist Church, located at 2915 Davidson Street.

These groups provide participants with a support system; information on care and community resources; the opportunity to express feelings, thoughts and common experiences; the opportunity to exchange coping skills with one another; and ideas to help maintain the health and well-being of group members. Group facilitators have been personally trained by ADRC and will be supported by them in their efforts.

ADRC runs a total of seven support groups, which are affiliated with 27 other support groups located throughout the greater New York metropolitan area. Through these groups, they serve approximately 275 families. ADRC provides caregivers with information, referral, guidance, and support. Family caregivers are on call 24 hours a day, 365 days a year and should not have to stand alone.

To RSVP to the West Babylon support group, please contact Sarah Rogan at (631) 422-4800 ext. 140. If you wish to attend the Oceanside support group, please text Renee M. Alfieri at (516) 509-8658 or send an email to [reneemalfieri@gmail.com](mailto:reneemalfieri@gmail.com).

For additional information on ADRC, please contact Mary Ann Malack-Ragona, Executive Director/Chief Executive Officer, at (631) 820-8068 or visit [www.adrcinc.org](http://www.adrcinc.org).

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[Alzheimer's Disease Resource Center, Inc.](#) — which is headquartered in Bay Shore and has a satellite office in Southampton — is the only local Alzheimer's disease advocacy and educational facility whose mission is to fund local research and provide hands-on support and services to families on Long Island and the New York metropolitan area. ADRC works with family members, health care professionals and researchers to ensure quality health care and support to those impacted by Alzheimer's disease through care and consultation, information and referral, training, support groups, and caregiver safety products.